



86	13 Fraser Armstrong	M	JUN	Bellahouston Harriers ? Junior	00:00:03	00:39:48	00:39:48	00:39:51	+00:09:18
87	485 Graeme Wilson	M	V50	Wee County Harriers	00:00:02	00:39:51	00:39:51	00:39:53	+00:09:20
88	180 Clare Hughes	F	SEN	Motherwell AC	00:00:05	00:39:53	00:39:52	00:39:57	+00:09:24
89	229 Christopher LOGUE	M	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:07	00:39:51	00:39:51	00:39:57	+00:09:24
90	174 Paul Houston	M	V50	Bellahouston Harriers	00:00:01	00:39:57	00:39:57	00:39:58	+00:09:25
91	172 Gavin HINDE	M	SEN		00:00:13	00:39:47	00:39:47	00:40:00	+00:09:27
92	92 LINDSEY CURRIE	F	V40	Dumbarton AAC	00:00:03	00:39:59	00:39:58	00:40:01	+00:09:28
93	83 Kieran Cooper	M	JUN		00:00:20	00:39:44	00:39:43	00:40:03	+00:09:30
94	55 Kevin Cameron	M	SEN		00:00:23	00:39:45	00:39:44	00:40:07	+00:09:34
95	420 Neil STEWARD	M	SEN	Achilles Heel	00:00:25	00:39:43	00:39:42	00:40:07	+00:09:34
96	345 Stephen Owen	M	SEN		00:00:24	00:39:45	00:39:45	00:40:09	+00:09:36
97	198 CHARLENE KELLY	F	SEN	Dumbarton AAC	00:00:03	00:40:08	00:40:07	00:40:10	+00:09:37
98	62 Stefan Cappel	M	V40		00:00:13	00:40:07	00:40:06	00:40:20	+00:09:47
99	135 Allon GALBRAITH	M	V55		00:00:05	00:40:20	00:40:20	00:40:25	+00:09:52
100	60 James Campbell	M	SEN	Greenock Glenpark Harriers	00:00:05	00:40:24	00:40:23	00:40:28	+00:09:55
101	375 Ann ROBIN	F	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:09	00:40:23	00:40:22	00:40:31	+00:09:58
102	98 Matt Dickie	M	SEN		00:00:08	00:40:31	00:40:31	00:40:39	+00:10:06
103	342 Bernadette ONeil	F	V45	Bellahouston Harriers	00:00:06	00:40:47	00:40:46	00:40:52	+00:10:19
104	53 EWEN CAMERON	M	SEN	Motherwell AC	00:00:06	00:40:50	00:40:49	00:40:55	+00:10:22
105	178 BRIAN HUGHES	M	V55	GLASGOW SOUTH ROAD RUNNERS	00:00:05	00:40:54	00:40:54	00:40:58	+00:10:25
106	304 GARY MCQUADE	M	SEN		00:00:14	00:40:49	00:40:48	00:41:02	+00:10:29
107	379 LOUISE ROSS	F	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:09	00:40:57	00:40:57	00:41:06	+00:10:33
108	23 Julie Beveridge	F	SEN	Calderglenn Harriers	00:00:08	00:40:58	00:40:58	00:41:06	+00:10:33
109	227 DAVID LOCKHART	M	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:07	00:41:04	00:41:03	00:41:10	+00:10:37
110	315 Gordon Moir	M	V45	giffnock north aac	00:00:07	00:41:11	00:41:11	00:41:18	+00:10:45
111	56 Scott CAMERON	M	V40		00:00:06	00:41:18	00:41:18	00:41:23	+00:10:50
112	2173 Nicola ADAMS HENDRY	F	SEN	GARSCUBE HARRIERS	00:00:05	00:41:33	00:41:32	00:41:37	+00:11:04
113	265 Martin Mccrorie	M	V40	Ayr Seaforth AAC	00:00:08	00:41:30	00:41:30	00:41:38	+00:11:05
114	63 Richard Carey	M	SEN	Nike Run Club	00:00:14	00:41:41	00:41:40	00:41:54	+00:11:21
115	122 David FERGUSON	M	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:06	00:41:50	00:41:50	00:41:56	+00:11:23
116	276 Noel McGaglagly	M	V45		00:00:18	00:41:56	00:41:56	00:42:13	+00:11:40
117	133 Ben Fulton	M	SEN		00:00:23	00:41:52	00:41:51	00:42:14	+00:11:41
118	269 Brian MCDEVITT	M	SEN		00:00:05	00:42:09	00:42:09	00:42:14	+00:11:41
119	208 MICHAEL KIRWAN	M	V50	Jogscotland	00:00:19	00:41:57	00:41:56	00:42:15	+00:11:42
120	339 Ciara OConnell	F	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:09	00:42:06	00:42:06	00:42:15	+00:11:42
121	275 Anthony MCGALE	M	V40	Springburn Harriers	00:00:27	00:41:48	00:41:48	00:42:15	+00:11:42
122	117 Barry Edwards	M	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:09	00:42:10	00:42:09	00:42:18	+00:11:45
123	478 Marcus WHYTE	M	SEN	Motherwell AC	00:00:08	00:42:17	00:42:16	00:42:24	+00:11:51
124	164 Kenny Harvey	M	V40	BELLAHOUSTON ROAD RUNNERS	00:00:16	00:42:10	00:42:10	00:42:26	+00:11:53
125	57 Colin Campbell	M	V45	Achilles Heel	00:00:19	00:42:08	00:42:08	00:42:27	+00:11:54
126	337 Neil Nairn	M	V45	Bellahouston Harriers	00:00:05	00:42:27	00:42:27	00:42:32	+00:11:59
127	70 BILLY CLARK	M	V50	giffnock north aac	00:00:08	00:42:28	00:42:27	00:42:35	+00:12:02
128	464 Michael Wedlock	M	V45	Motherwell AC	00:00:06	00:42:32	00:42:31	00:42:37	+00:12:04
129	470 Jim White	M	SEN	Motherwell AC	00:00:07	00:42:35	00:42:34	00:42:41	+00:12:08
130	281 Stephen McGeough	M	V40	Bellahouston Harriers	00:00:05	00:42:38	00:42:37	00:42:43	+00:12:10
131	131 Joanne FREEL	F	SEN		00:00:07	00:42:37	00:42:37	00:42:44	+00:12:11
132	296 Tom MCMILLAN	M	V60	BELLAHOUSTON ROAD RUNNERS	00:00:08	00:42:45	00:42:45	00:42:53	+00:12:20
133	398 James Shields	M	SEN		00:00:12	00:42:44	00:42:44	00:42:56	+00:12:23
134	216 Jen LAW	F	SEN		00:00:20	00:42:41	00:42:41	00:43:01	+00:12:28
135	38 Craig Brown	M	V40	GARSCUBE HARRIERS	00:00:17	00:42:47	00:42:46	00:43:03	+00:12:30
136	151 Stuart GRAY	M	SEN	Motherwell AC	00:00:08	00:42:57	00:42:56	00:43:04	+00:12:31
137	322 Troy Morgan	M	V45	Clyderunners	00:00:06	00:42:58	00:42:58	00:43:04	+00:12:31
138	284 Paul MCGunnigle	M	SEN	Jogscotland	00:00:17	00:42:48	00:42:48	00:43:05	+00:12:32
139	406 Ross Sinclair	M	SEN	Motherwell AC	00:00:08	00:43:05	00:43:05	00:43:13	+00:12:40
140	438 EDWARD TOAL	M	V50	Motherwell AC	00:00:05	00:43:10	00:43:09	00:43:15	+00:12:42
141	85 Scott COULTER	M	SEN	Maryhill Harriers	00:00:15	00:43:01	00:43:00	00:43:15	+00:12:42
142	170 William Hicks	M	SEN		00:00:12	00:43:08	00:43:08	00:43:20	+00:12:47
143	39 JOHN BROWN	M	V45	Keen Amateurs SA37071	00:00:16	00:43:04	00:43:04	00:43:20	+00:12:47
144	69 ERICA CHRISTIE	F	V55	Bellahouston Harriers	00:00:01	00:43:20	00:43:19	00:43:20	+00:12:47
145	171 jamie hill	M	V40		00:00:15	00:43:09	00:43:09	00:43:24	+00:12:51
146	317 Ian Molloy	F	SEN	Achilles Heel	00:00:14	00:43:16	00:43:15	00:43:29	+00:12:56
147	449 Alan TURNER	M	SEN		00:00:11	00:43:18	00:43:18	00:43:29	+00:12:56
148	175 Jamie Howie	M	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:16	00:43:15	00:43:15	00:43:30	+00:12:57
149	159 Gordon Hale	M	SEN		00:00:10	00:43:25	00:43:24	00:43:34	+00:13:01
150	245 Jemma MACLELLAN	F	SEN		00:00:13	00:43:30	00:43:29	00:43:42	+00:13:09
151	443 MARK TOLLAND	M	SEN	Achilles Heel	00:00:23	00:43:21	00:43:20	00:43:43	+00:13:10
152	369 Sandra REID	F	V40		00:00:12	00:43:35	00:43:35	00:43:47	+00:13:14
153	91 John CUNNINGHAM	M	V45	Bellahouston Harriers	00:00:05	00:43:47	00:43:46	00:43:51	+00:13:18
154	294 Gary McLinton	M	V40		00:00:15	00:43:37	00:43:36	00:43:52	+00:13:19
155	424 Graeme Stewart	M	SEN		00:00:16	00:43:43	00:43:42	00:43:58	+00:13:25
156	102 MARIA DOHERTY	F	V45	Jogscotland	00:00:07	00:43:53	00:43:52	00:43:59	+00:13:26
157	223 Willie Lindsay	M	V45	Achilles Heel	00:00:19	00:43:42	00:43:41	00:44:01	+00:13:28
158	498 David WANDS	M	SEN		00:00:10	00:43:51	00:43:51	00:44:01	+00:13:28
159	78 Caroline Cochran	M	V40	Bellahouston Harriers	00:00:04	00:43:58	00:43:58	00:44:02	+00:13:29
160	240 Euan MacKenzie	M	SEN		00:00:23	00:43:40	00:43:40	00:44:03	+00:13:30
161	68 JOE CHAMBERS	M	SEN	Springburn Harriers	00:00:13	00:43:56	00:43:55	00:44:08	+00:13:35
162	471 Robert WHITE	M	V45	Royal Mail Run Gmc	00:00:11	00:43:59	00:43:59	00:44:10	+00:13:37
163	440 IAIN TODD	M	SEN	Glasgow Triathlon Club	00:00:06	00:44:08	00:44:07	00:44:13	+00:13:40
164	231 Karen Lowry	F	V40		00:00:04	00:44:12	00:44:12	00:44:15	+00:13:42
165	273 James McEachran	M	V40	__other	00:00:09	00:44:08	00:44:08	00:44:17	+00:13:44
166	109 Jane Duckett	F	V50	Achilles Heel	00:00:26	00:43:54	00:43:53	00:44:19	+00:13:46
167	29 Marc BLANE	M	V40		00:00:16	00:44:09	00:44:08	00:44:24	+00:13:51
168	2170 David BOAG	M	V45		00:00:11	00:44:15	00:44:14	00:44:25	+00:13:52
169	94 Alexander Cuthbert	M	V40		00:00:09	00:44:20	00:44:19	00:44:28	+00:13:55
170	155 Judith Grieve	F	SEN		00:00:19	00:44:11	00:44:11	00:44:30	+00:13:57
171	116 IAN EASTON	M	V45		00:00:14	00:44:17	00:44:17	00:44:31	+00:13:58

172	246 Fiona MACLELLAN	F	SEN		00:00:13	00:44:19	00:44:19	00:44:32	+00:13:59
173	35 Tony BRESLIN	M	V45	BELLAHOUSTON ROAD RUNNERS	00:00:16	00:44:21	00:44:21	00:44:37	+00:14:04
174	31 ALAN BOW	M	V40	Calderglen Harriers	00:00:16	00:44:23	00:44:23	00:44:39	+00:14:06
175	6 Joyce ALLARDICE	F	V50	Clyderunners	00:00:05	00:44:41	00:44:40	00:44:45	+00:14:12
176	209 Stefan KUHR	M	V40	GARSCUBE HARRIERS	00:00:13	00:44:34	00:44:34	00:44:46	+00:14:13
177	270 Kenny MCDONALD	M	V40	BELLAHOUSTON ROAD RUNNERS	00:00:09	00:44:38	00:44:38	00:44:47	+00:14:14
178	439 ANDREW TODD	M	SEN	Glasgow Triathlon Club	00:00:07	00:44:41	00:44:40	00:44:48	+00:14:15
179	303 Owen McQuade	M	V55	BELLAHOUSTON ROAD RUNNERS	00:00:14	00:44:35	00:44:35	00:44:48	+00:14:15
180	142 David GILLILAND	M	SEN		00:00:15	00:44:34	00:44:34	00:44:49	+00:14:16
181	79 Nick COLE	M	SEN		00:00:30	00:44:21	00:44:20	00:44:50	+00:14:17
182	154 KRISTINA GREIG	F	SEN	Bellahouston Harriers	00:00:04	00:44:46	00:44:46	00:44:50	+00:14:17
183	414 Thomas SNEDDON	M	V40		00:00:11	00:44:41	00:44:41	00:44:51	+00:14:18
184	136 DANIEL GALLAGHER	M	V40	Achilles Heel	00:00:25	00:44:28	00:44:27	00:44:52	+00:14:19
185	338 STEWART NEILANDS	M	SEN		00:00:08	00:44:49	00:44:49	00:44:56	+00:14:23
186	54 Sarah CAMERON	F	SEN		00:00:13	00:44:48	00:44:47	00:45:00	+00:14:27
187	2164 Melanie RONALD	F	V40	Bellahouston Harriers	00:00:14	00:44:51	00:44:51	00:45:05	+00:14:32
188	423 ALLAN STEWART	M	SEN		00:00:15	00:44:59	00:44:58	00:45:13	+00:14:40
189	332 Ross Munro	M	SEN	Gnome Your Limits!	00:00:07	00:45:09	00:45:08	00:45:15	+00:14:42
190	357 Craig POLLOCK	M	V40		00:00:13	00:45:07	00:45:06	00:45:19	+00:14:46
191	118 Raymond EVANS	M	SEN	Dumbarton AAC	00:00:10	00:45:09	00:45:09	00:45:19	+00:14:46
192	183 Donnie Inglis	M	V45	Royal Mail Run Gmc	00:00:11	00:45:11	00:45:11	00:45:22	+00:14:49
193	488 PAULINE WRIGHT	F	V40	BELLAHOUSTON ROAD RUNNERS	00:00:14	00:45:11	00:45:10	00:45:24	+00:14:51
194	101 Brendan Docherty	M	SEN	Clyderunners	00:00:07	00:45:22	00:45:22	00:45:28	+00:14:55
195	43 Stuart Brownhill	M	V45	BELLAHOUSTON ROAD RUNNERS	00:00:17	00:45:14	00:45:13	00:45:30	+00:14:57
196	210 Alan kyle	M	SEN		00:00:15	00:45:19	00:45:18	00:45:33	+00:15:00
197	4 John AIRE	M	V50	Achilles Heel	00:00:24	00:45:13	00:45:13	00:45:37	+00:15:04
198	88 kevin craig	M	SEN		00:00:20	00:45:21	00:45:21	00:45:41	+00:15:08
199	256 MARINA MCCALLUM	F	V40	Clydesdale Harriers	00:00:11	00:45:32	00:45:32	00:45:43	+00:15:10
200	259 David MCCLELLAND	M	V40	Achilles Heel	00:00:22	00:45:26	00:45:25	00:45:47	+00:15:14
201	49 John burns	M	V50	Motherwell AC	00:00:06	00:45:47	00:45:47	00:45:53	+00:15:20
202	30 Steven BOOTH	M	V40		00:00:20	00:45:38	00:45:37	00:45:57	+00:15:24
203	15 Dimitrios Athanasiadis	M	SEN	Nike Run Club	00:00:30	00:45:30	00:45:30	00:46:00	+00:15:27
204	492 Brian YOUNG	M	V50	BELLAHOUSTON ROAD RUNNERS	00:00:10	00:45:52	00:45:51	00:46:01	+00:15:28
205	280 Katelyn McGeever	F	SEN	Motherwell AC	00:00:07	00:45:57	00:45:57	00:46:04	+00:15:31
206	486 DAVID WILSON	M	SEN		00:00:18	00:45:51	00:45:50	00:46:08	+00:15:35
207	249 Laura MAIR	F	V40	Achilles Heel	00:00:19	00:45:50	00:45:49	00:46:08	+00:15:35
208	87 Stephen Craig	M	SEN		00:00:20	00:45:49	00:45:48	00:46:08	+00:15:35
209	413 Christopher SMITH	M	V50		00:00:18	00:45:52	00:45:51	00:46:09	+00:15:36
210	293 Ross McLean	U	V40	Motherwell AC	00:00:11	00:46:00	00:46:00	00:46:11	+00:15:38
211	261 Jane MCCLUSKEY	F	SEN	Glasgow Running Network	00:00:15	00:45:58	00:45:58	00:46:13	+00:15:40
212	169 NIGEL HETHERINGTON	M	V55	Motherwell AC	00:00:11	00:46:04	00:46:04	00:46:15	+00:15:42
213	58 Angela Campbell	F	V40	Bellahouston Harriers	00:00:14	00:46:05	00:46:05	00:46:19	+00:15:46
214	428 alexandra sutherland	F	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:10	00:46:10	00:46:10	00:46:20	+00:15:47
215	384 Gordon Sandler	M	V50		00:00:11	00:46:14	00:46:13	00:46:24	+00:15:51
216	279 Elaine McGeachy	F	SEN	Campbeltown Running Club	00:00:10	00:46:17	00:46:17	00:46:27	+00:15:54
217	113 Kevin DURNIAN	M	SEN	Motherwell AC	00:00:08	00:46:20	00:46:20	00:46:28	+00:15:55
218	450 Nicola Urquhart	F	V40	giffnock north aac	00:00:06	00:46:30	00:46:29	00:46:35	+00:16:02
219	285 Scott MCINROY	M	SEN		00:00:31	00:46:05	00:46:05	00:46:36	+00:16:03
220	26 Peter Blackmore	M	V40	Motherwell AC	00:00:09	00:46:36	00:46:35	00:46:44	+00:16:11
221	466 Alan WEIR	M	V45	run24fit	00:00:18	00:46:33	00:46:33	00:46:51	+00:16:18
222	257 Martin McCallum	M	SEN	GLASGOW SOUTH ROAD RUNNERS	00:00:24	00:46:28	00:46:28	00:46:52	+00:16:19
223	360 Annie Porter	F	SEN	Jogscotland	00:00:29	00:46:24	00:46:23	00:46:52	+00:16:19
224	40 Roderick BROWN	M	V50		00:00:08	00:46:46	00:46:45	00:46:53	+00:16:20
225	107 Nick Dowley	M	V45	GLASGOW SOUTH ROAD RUNNERS	00:00:28	00:46:31	00:46:30	00:46:58	+00:16:25
226	441 Petya Todorova	F	SEN	Glasgow Triathlon Club	00:00:11	00:46:58	00:46:57	00:47:08	+00:16:35
227	47 CHRISTOPHER BUCHANAN	M	SEN		00:00:09	00:47:06	00:47:06	00:47:15	+00:16:42
228	97 Janine DICKIE	F	SEN	Bellahouston Harriers	00:00:07	00:47:10	00:47:10	00:47:16	+00:16:43
229	33 david bradley	M	V40	Motherwell AC	00:00:11	00:47:18	00:47:17	00:47:28	+00:16:55
230	77 Andrew Cochran	M	V40	Bellahouston Harriers	00:00:19	00:47:12	00:47:11	00:47:30	+00:16:57
231	189 Laura JOHNSTON	F	SEN	Dumbarton AAC	00:00:10	00:47:25	00:47:24	00:47:34	+00:17:01
232	467 David Weir	M	SEN		00:00:23	00:47:11	00:47:11	00:47:34	+00:17:01
233	429 Louise Sutherland	F	V50	giffnock north aac	00:00:06	00:47:38	00:47:37	00:47:43	+00:17:10
234	2175 Martin O'DONNELL	M	V45	giffnock north aac	00:00:18	00:47:26	00:47:26	00:47:43	+00:17:10
235	201 Michelle KELLY	F	V40	Bellahouston Harriers	00:00:08	00:47:36	00:47:36	00:47:44	+00:17:11
236	396 Maree SHEPHERD	F	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:10	00:47:38	00:47:38	00:47:47	+00:17:14
237	125 MALCOLM FINLAYSON	M	V45	Falkirk Victoria Harriers	00:00:02	00:47:49	00:47:48	00:47:50	+00:17:17
238	230 Cornelius Lotter	M	V40	Kilmarnock Harriers & AC	00:00:09	00:47:43	00:47:42	00:47:51	+00:17:18
239	21 Andrew Bell	M	V45		00:00:07	00:47:46	00:47:45	00:47:52	+00:17:19
240	446 Gerry Tralongo	M	V40	Bellahouston Harriers	00:00:14	00:47:40	00:47:39	00:47:53	+00:17:20
241	359 Bob PORTEOUS	M	V65		00:00:13	00:47:45	00:47:45	00:47:57	+00:17:24
242	27 Stephen BLACKSTOCK	M	V40	Campbeltown Running Club	00:00:09	00:47:58	00:47:58	00:48:07	+00:17:34
243	192 Watson Jones	M	V70	Clydesdale Harriers	00:00:06	00:48:04	00:48:04	00:48:10	+00:17:37
244	454 Joe Wallace	M	SEN	Jogscotland	00:00:09	00:48:06	00:48:05	00:48:14	+00:17:41
245	355 Drew Petterson	M	SEN		00:00:10	00:48:09	00:48:08	00:48:18	+00:17:45
246	138 Kenneth Garden	M	V45		00:00:17	00:48:04	00:48:04	00:48:20	+00:17:47
247	314 alison mitchell	F	V45		00:00:20	00:48:06	00:48:06	00:48:26	+00:17:53
248	95 Lauren DANIEL	F	SEN	Achilles Heel	00:00:20	00:48:07	00:48:07	00:48:26	+00:17:53
249	184 Sergey Jakovsky	M	SEN		00:00:08	00:48:27	00:48:27	00:48:35	+00:18:02
250	2171 Keith MACLEOD	M	SEN	Springburn Harriers	00:00:27	00:48:21	00:48:21	00:48:48	+00:18:15
251	437 Sharon Thompson	F	SEN		00:00:25	00:48:31	00:48:31	00:48:55	+00:18:22
252	361 james proffitt	M	V50	Motherwell AC	00:00:11	00:48:45	00:48:45	00:48:56	+00:18:23
253	205 Paul Killen	M	V40		00:00:22	00:48:36	00:48:35	00:48:57	+00:18:24
254	316 Sharon MOLLOY	F	SEN	Achilles Heel	00:00:20	00:48:40	00:48:39	00:48:59	+00:18:26
255	447 Matthew TRAYNOR	M	SEN		00:00:12	00:48:50	00:48:50	00:49:01	+00:18:28
256	490 Thomas Wroblewski	M	SEN		00:00:19	00:48:45	00:48:44	00:49:03	+00:18:30
257	354 GRAEME PERT	M	V55		00:00:26	00:48:38	00:48:38	00:49:04	+00:18:31

258	362 Kevin QUEENAN	M	V40	BELLAHOUSTON ROAD RUNNERS	00:00:16	00:48:51	00:48:50	00:49:06	+00:18:33
259	16 Stephanie BAIRD	F	SEN	Bellahouston Harriers	00:00:15	00:48:53	00:48:52	00:49:07	+00:18:34
260	1 TARIQ ABDULLAH	M	V40	GARSCUBE HARRIERS	00:00:16	00:48:54	00:48:53	00:49:09	+00:18:36
261	74 Stuart Clay	M	SEN		00:00:23	00:48:48	00:48:48	00:49:11	+00:18:38
262	10 MONICA ANDERSON	F	V45	Falkirk Victoria Harriers	00:00:18	00:48:57	00:48:56	00:49:14	+00:18:41
263	289 Christine MCKAY	F	V50	Bellahouston Harriers	00:00:15	00:49:00	00:48:59	00:49:14	+00:18:41
264	195 Tom Keenan	M	V60	Bellahouston Harriers	00:00:06	00:49:14	00:49:14	00:49:20	+00:18:47
265	353 Crispin PEDLEY	M	V45	GENKI JUDO CLUB	00:00:20	00:49:05	00:49:05	00:49:25	+00:18:52
266	385 david saunders	M	V55	carnegie Harriers	00:00:25	00:49:03	00:49:02	00:49:27	+00:18:54
267	132 Andrew FULLWOOD	M	V45	GLASGOW SOUTH ROAD RUNNERS	00:00:16	00:49:24	00:49:23	00:49:39	+00:19:06
268	430 Matty SUTTON	F	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:14	00:49:28	00:49:27	00:49:41	+00:19:08
269	2159 Fiona BARR	F	SEN	Clyderunners	00:00:07	00:49:43	00:49:43	00:49:49	+00:19:16
270	2167 Kirsty GRANT	F	SEN		00:00:27	00:49:23	00:49:23	00:49:50	+00:19:17
271	110 Karen Dunbar	F	V45	Clyderunners	00:00:08	00:49:43	00:49:42	00:49:50	+00:19:17
272	282 John McGlynn	M	V60		00:00:08	00:50:01	00:50:00	00:50:08	+00:19:35
273	487 Gary WOOD	M	SEN	Motherwell AC	00:00:11	00:49:59	00:49:58	00:50:10	+00:19:37
274	207 Colin Kirk	M	SEN	giffnock north aac	00:00:11	00:50:00	00:50:00	00:50:10	+00:19:37
275	330 Andrew MOSTYN	M	SEN		00:00:24	00:49:51	00:49:50	00:50:14	+00:19:41
276	2174 Colin GRAY	M	V45	Clydesdale Harriers	00:00:12	00:50:04	00:50:03	00:50:15	+00:19:42
277	306 MICHAEL MEEHAN	M	V50		00:00:20	00:49:57	00:49:56	00:50:16	+00:19:43
278	228 Lucinda Logan	F	SEN		00:00:11	00:50:08	00:50:07	00:50:19	+00:19:46
279	196 Brian KEENAN	M	V40	BELLAHOUSTON ROAD RUNNERS	00:00:16	00:50:12	00:50:11	00:50:27	+00:19:54
280	455 GILLIAN WALLIS	F	V40	Springburn Harriers	00:00:27	00:50:04	00:50:04	00:50:30	+00:19:57
281	312 Christine MILLIGAN	F	V50	BELLAHOUSTON ROAD RUNNERS	00:00:14	00:50:21	00:50:20	00:50:34	+00:20:01
282	448 Mark Turnbull	M	V60	GARSCUBE HARRIERS	00:00:14	00:50:25	00:50:25	00:50:38	+00:20:05
283	244 Julia Maclean	F	SEN		00:00:28	00:50:24	00:50:24	00:50:51	+00:20:18
284	403 Michelle Simpson	F	SEN	Glasgow Running Network	00:00:16	00:50:43	00:50:43	00:50:59	+00:20:26
285	194 David KEATING	M	V55	BELLAHOUSTON ROAD RUNNERS	00:00:14	00:50:51	00:50:50	00:51:04	+00:20:31
286	286 Gary McIntosh	M	SEN		00:00:21	00:50:50	00:50:50	00:51:07	+00:20:38
287	320 Allan MOORE	M	SEN		00:00:24	00:51:27	00:51:26	00:51:50	+00:21:17
288	20 Zander Beggs	M	V45		00:00:25	00:51:40	00:51:39	00:52:04	+00:21:31
289	483 Anne Williamson	F	V50	giffnock north aac	00:00:06	00:51:59	00:51:58	00:52:04	+00:21:31
290	382 Ian RUTHERFORD	M	V40	North Ayrshire AC	00:00:21	00:52:02	00:52:01	00:52:22	+00:21:49
291	416 JOHN SOFTLEY	M	V65	Bellahouston Harriers	00:00:27	00:52:02	00:52:01	00:52:29	+00:21:56
292	17 Alison BANKS	F	V50		00:00:18	00:52:13	00:52:12	00:52:30	+00:21:57
293	263 Douglas Mcconville	M	V50		00:00:25	00:52:06	00:52:06	00:52:31	+00:21:58
294	254 GILLIAN MCCAFFER	F	SEN	Motherwell AC	00:00:23	00:52:17	00:52:17	00:52:39	+00:22:06
295	425 Susan Stewart	F	SEN	Motherwell AC	00:00:08	00:52:32	00:52:31	00:52:39	+00:22:06
296	253 Donald MCCAFFER	M	V65	Motherwell AC	00:00:25	00:52:19	00:52:18	00:52:43	+00:22:10
297	401 Ian Simms	M	SEN		00:00:30	00:52:23	00:52:22	00:52:52	+00:22:19
298	336 Colin Mutch	M	V65		00:00:27	00:52:29	00:52:28	00:52:55	+00:22:22
299	51 Paul Butler	M	V55	The Glasgow Project	00:17:26	00:35:31	00:35:30	00:52:56	+00:22:23
300	12 Gillian Armour	F	SEN		00:00:10	00:52:57	00:52:57	00:53:07	+00:22:34
301	380 Lesley ROSS	F	V40	Motherwell AC	00:00:22	00:52:57	00:52:56	00:53:18	+00:22:45
302	295 Dawn MCMANUS	F	SEN	Kilmarnock Harriers & AC	00:00:11	00:53:22	00:53:22	00:53:33	+00:23:00
303	52 Euan Callus	M	SEN		00:00:30	00:53:04	00:53:03	00:53:40	+00:23:00
304	434 Aileen Thom	F	SEN	Jogscotland	00:00:29	00:53:06	00:53:05	00:53:34	+00:23:01
305	393 Laura SHARP	F	SEN	Achilles Heel	00:00:20	00:53:15	00:53:15	00:53:35	+00:23:02
306	468 Thomas Welsh	M	V50		00:00:27	00:53:09	00:53:08	00:53:35	+00:23:02
307	176 Deirdre HOYLE	F	V60	Bellahouston Harriers	00:00:18	00:53:20	00:53:20	00:53:37	+00:23:04
308	480 JANE WILD	F	V45	BELLAHOUSTON ROAD RUNNERS	00:00:14	00:53:24	00:53:24	00:53:38	+00:23:05
309	72 HELEN CLARK	F	V55		00:00:16	00:53:24	00:53:23	00:53:39	+00:23:06
310	348 Kirsteen PATERSON	F	V40	BELLAHOUSTON ROAD RUNNERS	00:00:10	00:53:30	00:53:30	00:53:40	+00:23:07
311	167 Jill HERBERT	F	SEN	BELLAHOUSTON ROAD RUNNERS	00:00:10	00:53:39	00:53:39	00:53:49	+00:23:16
312	76 Daniel Clowes	M	SEN		00:00:25	00:53:25	00:53:25	00:53:50	+00:23:17
313	5 Gillian ALLAN	F	SEN	Bellahouston Harriers	00:00:21	00:53:36	00:53:35	00:53:56	+00:23:23
314	311 Linda Miller	F	V45	Royal Mail Run Gmc	00:00:21	00:53:37	00:53:36	00:53:57	+00:23:24
315	105 Kevin Doohan	M	V45		00:00:18	00:53:42	00:53:41	00:53:59	+00:23:26
316	104 Marie Doohan	F	V40	giffnock north aac	00:00:18	00:53:42	00:53:41	00:54:01	+00:23:28
317	41 JULIE BROWN	F	V45		00:00:20	00:53:42	00:53:41	00:54:01	+00:23:28
318	61 William Campbell	M	V50		00:00:23	00:53:45	00:53:44	00:54:07	+00:23:34
319	453 Sarah WAKEFIELD	F	SEN	Achilles Heel	00:00:28	00:53:41	00:53:40	00:54:08	+00:23:35
320	156 Paul Griffin	M	SEN		00:00:31	00:53:48	00:53:47	00:54:19	+00:23:46
321	225 Ann LISTER	F	V65		00:00:20	00:54:01	00:54:00	00:54:20	+00:23:47
322	433 Kirsty Taylor	F	SEN		00:00:25	00:53:58	00:53:58	00:54:22	+00:23:49
323	22 Lesley Bell	F	V45		00:00:07	00:54:16	00:54:16	00:54:23	+00:23:50
324	407 MARTIN SLEEP	M	V50		00:00:27	00:53:58	00:53:57	00:54:25	+00:23:52
325	185 Elaine Jamieson	F	V45	Motherwell AC	00:00:25	00:54:23	00:54:23	00:54:47	+00:24:14
326	500 Dougie OHARE	M	V50	Motherwell AC	00:00:24	00:54:24	00:54:23	00:54:47	+00:24:14
327	268 NEIL MCCUMISKY	M	SEN		00:00:22	00:54:39	00:54:38	00:55:00	+00:24:27
328	75 Colin Clews	M	V45	Bellahouston Harriers	00:00:17	00:55:06	00:55:06	00:55:23	+00:24:50
329	2 Scott Adair	M	SEN		00:00:18	00:55:08	00:55:08	00:55:25	+00:24:52
330	373 John Robertson	M	V60	Bellahouston Harriers	00:00:16	00:55:34	00:55:34	00:55:49	+00:25:16
331	32 Johanna Boyle	F	SEN		00:00:24	00:55:39	00:55:38	00:56:02	+00:25:29
332	305 SEAN MCQUEEN	M	V45	Motherwell AC	00:00:21	00:55:41	00:55:41	00:56:02	+00:25:29
333	350 Sally Paton	F	SEN		00:00:13	00:55:51	00:55:51	00:56:03	+00:25:30
334	242 Neil MACLEAN	M	V55	Kilbarchan AAC	00:00:27	00:55:38	00:55:37	00:56:04	+00:25:31
335	484 Lynsey Williamson	F	SEN		00:00:20	00:55:46	00:55:45	00:56:05	+00:25:32
336	262 Theresa MCCOMISKY	F	V40		00:00:21	00:55:49	00:55:49	00:56:09	+00:25:36
337	327 Alison Morrow	F	SEN		00:02:58	00:53:15	00:53:14	00:56:12	+00:25:39
338	495 William Muir	M	V60	Crossrgagh	00:00:01	00:56:33	00:56:32	00:56:33	+00:26:00
339	395 Eileen SHENKIN	F	V55	East Renfrewshire	00:00:24	00:56:12	00:56:12	00:56:35	+00:26:02
340	150 Catriona GOURLEY	F	V50		00:00:22	00:56:15	00:56:15	00:56:37	+00:26:04
341	8 Patricia ALLEN	F	V65	Motherwell AC	00:00:22	00:56:17	00:56:16	00:56:38	+00:26:05
342	415 Kenneth Smith	M	V45	Jog Scotland	00:00:25	00:56:28	00:56:27	00:56:52	+00:26:19
343	222 Freddie Li	M	SEN		00:00:19	00:56:48	00:56:48	00:57:07	+00:26:34

344	494 James Gordon	M	V40		00:00:16	00:56:57	00:56:57	00:57:13	+00:26:40
345	474 Avril White	F	V50		00:00:12	00:57:04	00:57:04	00:57:16	+00:26:43
346	497 Jim DUFFY	M	V40	giffnock north aac	00:00:24	00:57:15	00:57:15	00:57:38	+00:27:05
347	214 jennifer laskey	F	SEN		00:00:23	00:57:18	00:57:17	00:57:40	+00:27:07
348	386 Kathryn Savage	F	SEN		00:00:29	00:57:12	00:57:12	00:57:41	+00:27:08
349	157 Pauline Grose	F	SEN		00:00:23	00:57:22	00:57:22	00:57:44	+00:27:11
350	309 Kirsty Merchant	F	V40		00:00:30	00:57:22	00:57:21	00:57:51	+00:27:18
351	11 Kathleen Anderson	F	SEN		00:00:26	00:57:33	00:57:32	00:57:58	+00:27:25
352	130 Heather Fraser	F	SEN		00:00:25	00:57:34	00:57:33	00:57:58	+00:27:25
353	213 Della Lansley	F	V50		00:00:30	00:57:37	00:57:36	00:58:06	+00:27:33
354	81 Tahnee CONN	F	SEN	Glasgow Fronrunners	00:00:25	00:57:44	00:57:44	00:58:08	+00:27:35
355	427 Julie Struthers	F	V40		00:00:22	00:57:47	00:57:46	00:58:08	+00:27:35
356	422 David Stewart	M	SEN		00:00:23	00:58:04	00:58:04	00:58:27	+00:27:54
357	2172 Lesley MCGUIRE	F	V55		00:00:16	00:58:58	00:58:57	00:59:13	+00:28:40
358	161 Angela Hammond	F	V40		00:00:24	00:58:54	00:58:54	00:59:18	+00:28:45
359	267 Stella McCulloch	F	V45	Bellahouston Harriers	00:00:18	00:59:07	00:59:07	00:59:24	+00:28:51
360	324 Caitlin Morris	F	SEN		00:00:29	00:58:57	00:58:57	00:59:26	+00:28:53
361	323 Sarah Morris	F	SEN		00:00:30	00:58:57	00:58:56	00:59:26	+00:28:53
362	137 Anne Gallanagha	F	V50		00:00:12	00:59:30	00:59:30	00:59:42	+00:29:09
363	445 Jim TRACEY	M	V55	Motherwell AC	00:00:24	00:59:32	00:59:32	00:59:55	+00:29:22
364	308 Kirsty Mellan	F	V45		00:00:19	00:59:49	00:59:48	01:00:07	+00:29:34
365	481 Laura WILKINSON	F	SEN		00:00:15	00:59:58	00:59:58	01:00:12	+00:29:39
366	479 Mandy Sherridan	F	V40	Jogscotland	00:00:21	00:59:54	00:59:54	01:00:15	+00:29:42
367	96 Simon DICK	M	SEN		00:00:27	00:59:52	00:59:51	01:00:19	+00:29:46
368	473 Christine White	M	V50	Royal Mail Run Gmc	00:00:21	01:00:24	01:00:23	01:00:45	+00:30:12
369	391 Tiia Semenoff	F	SEN	Achilles Heel	00:00:29	01:00:46	01:00:45	01:01:14	+00:30:41
370	383 Jacqui Sandler	F	V40	Kilmarnock Harriers & AC	00:00:19	01:01:34	01:01:33	01:01:52	+00:31:19
371	2162 Lynne MURRAY	F	V40		00:00:18	01:01:56	01:01:56	01:02:13	+00:31:40
372	272 Liz McDougall	F	V45	Nike Run Club	00:00:22	01:02:35	01:02:34	01:02:57	+00:32:24
373	124 Rachael Figg	F	SEN	Nike Run Club	00:00:22	01:02:36	01:02:35	01:02:58	+00:32:25
374	36 Leanne Broadley	F	SEN		00:00:25	01:02:43	01:02:42	01:03:07	+00:32:34
375	182 Sabrina Ibrahim	F	SEN	Achilles Heel	00:00:29	01:03:04	01:03:03	01:03:32	+00:32:59
376	114 Gillian EADIE	F	SEN		00:00:24	01:03:53	01:03:53	01:04:16	+00:33:43
377	248 Kirsty Macniven	F	V40		00:00:24	01:04:59	01:04:58	01:05:22	+00:34:49
378	358 Wendy PORTEOUS	F	V55			01:06:03	01:06:03	01:06:03	+00:35:30
379	321 Anna Moore	F	SEN		00:00:13	01:14:57	01:14:57	01:15:10	+00:44:37
380	139 Andrea Gavin	F	SEN		00:00:30	01:25:41	01:25:41	01:26:11	+00:55:38